

Charities Appeals Supplement

The Charities Appeals Supplement continues to help develop fundraising revenue streams for charities through legacies, corporate support and donation. This section is written by charities detailing their appeals. It is easy to use with a categorised index below and an A–Z index at the end.

If your client is considering leaving a legacy to charity, please encourage them to browse through the appeals when making that important decision. Please mention the Charities Appeals Supplement when contacting a charity.

The team at the Charities Appeals Supplement would like to thank you for your continuing support; especially those who have left legacies to our featured charities over the last year.



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Help us beat cancer with your legacy



Our sacred mission: the prevention of cancer

For legacies, *in memoriam* gifts and donations

Cancer Prevention Research Trust

231 Roehampton Lane, London SW15 4LB

Tel: 020 8785 7786 Fax: 020 8785 6466

E-mail: cpvt45@yahoo.co.uk

Registered Charity No. 265985



www.cancerpreventionresearch.co.uk

Will you remember
the horses at
Redwings
Horse Sanctuary?

Remember Redwings in your Will and save the lives of hundreds of horses in desperate need for years to come.

Call **01508 481030** or email legacies@redwings.co.uk to find out how to leave a legacy today.

Thank you

If you
love horses,
remember them!



**GIVE
PEOPLE
CHANGE**



Kardinell was only six when he and his mum Angela were evicted and made homeless for over a year. Shelter helped them find a social home and take back their future. 17.5 million people are now impacted by the housing emergency. We need change.

Leave a gift in your will to Shelter

Search: Shelter will, call: 0344 515 1617
or email: legacies@shelter.org.uk

Shelter, 88 Old Street, London, EC1V 9HU
Registered charity number: 263710



**THE BENEVOLENT FUND
FOR NURSES IN SCOTLAND**

*THE FUND WHICH
WAS STARTED IN 1925
IS STILL NEEDED TODAY*

The Fund for Nurses was established to give assistance to members of the profession who have trained or worked in professional posts in Scotland.

Financial grants are given to:

- Individuals of any age who are experiencing financial difficulties due to their inability to continue working.
- Retired members of the profession who receive little or no pension.

Sadly more and more nurses are finding it necessary to seek our help and through your generosity, we are able to offer additional support in the form of single grants to those less fortunate members of our profession.

The Fund is administered by a Committee of Trustees, most of whom are members of the nursing profession.

**Donations may be sent to
the Secretary at the Registered Office**

Tel: 07584 322257
www.bfns.org.uk

*Registered Scottish Charity No: SC006384. A company
limited by guarantee registered in Scotland No: SC357442
Registered Office: 24A Ainslie Place, Edinburgh EH3 6AJ*



the brain injury association



Around 350,000 people in the UK are admitted to hospital every year with an acquired brain injury.

Headway's nurse-led helpline provides advice and support for brain injury survivors and their loved ones.

We are very grateful to those who support Headway through fundraising or by leaving a gift in their Will.

For more information about fundraising for Headway or legacies in Wills please contact: Fundraising@headway.org.uk

As supported by

clerksroom

Animal Defenders International

- Investigations**
- Education and awareness**
- Securing animal protection laws**
- Assisting law enforcement**
- Rescuing animals**
- Providing sanctuary**

ADI works worldwide to protect animals and the environment, offering practical solutions, such as advanced techniques to replace animals in research; support for governments enforcing animal protection laws; working for legislation. When countries ban animal circuses ADI will rescue and rehome every circus animal including bears, monkeys, tigers and lions like Leo, rescued from a circus in Peru. Today, Leo lives at the ADI Wildlife Sanctuary, South Africa, home to lions, tigers and other animals.

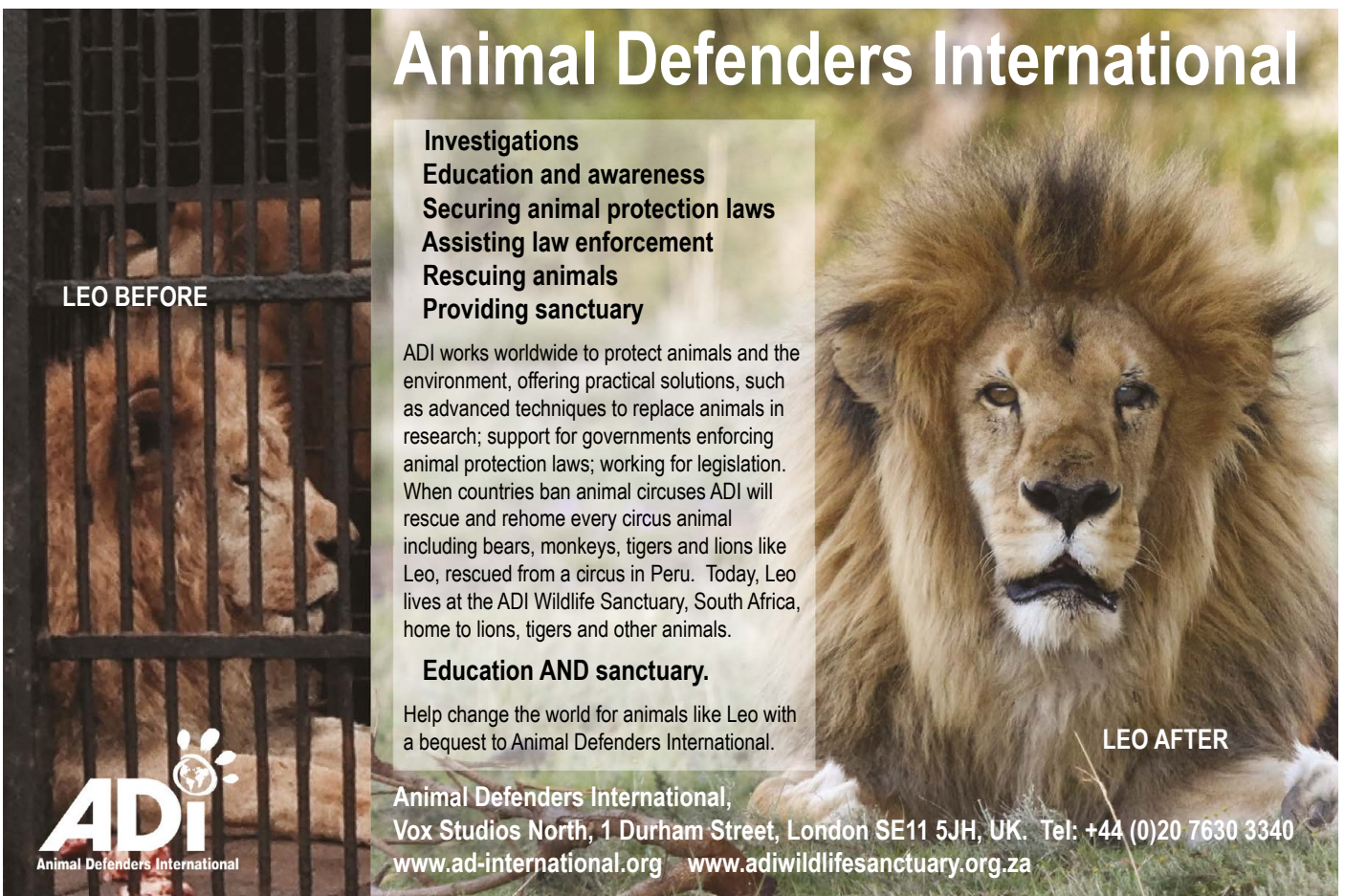
Education AND sanctuary.

Help change the world for animals like Leo with a bequest to Animal Defenders International.

Animal Defenders International,
 Vox Studios North, 1 Durham Street, London SE11 5JH, UK. Tel: +44 (0)20 7630 3340
www.ad-international.org www.adiwildlifesanctuary.org.za

LEO BEFORE

LEO AFTER





We've been standing up for wildlife for over 40 years.

With the help of scientists, conservationists, landowners, government, and the general public, we're protecting our delicately balanced ecosystem by bringing our most threatened species back from the brink.

Last year, over a third of our income came from legacy gifts, allowing us to protect wildlife for generations to come.

To learn more about leaving a gift to nature in your will, visit ptes.org/legacy or call **020 7498 4533**

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people's
trust for
endangered
species

Registered Charity no: 274206

Donate your firm's unclaimed balances 100% risk free...

Activate your firm's positive impact!

THE
SOLICITORS'
CHARITY.
Supporting you, since 1858



Have you thought of including Blood Pressure UK in your Will?

A lasting way to help others with high blood pressure

Finding out that you have high blood pressure can be traumatic, particularly if you are young. Most people don't know anything about the condition and worry about how it will affect them and those around them.



Blood Pressure UK

Helping you to lower your blood pressure

Blood Pressure UK is here to help. With our information packs, range of leaflets and our helpline, we provide reassurance and support to those who need it. All of this work is expensive, and while membership subscriptions and donations help enormously, leaving a gift in your Will can help us make a bigger difference.

Leaving a gift isn't as complicated as you might think. It doesn't have to be a large amount, and it will give you the assurance that our work will continue long into the future.

Obviously, providing for your family and friends comes first, but once that is done please consider leaving a gift to Blood Pressure UK in your Will.

We have put together a simple leaflet to guide you through the process. You can get a copy by telephoning (020) 7882 6255, visiting our website at www.bloodpressureuk.org or by writing to Blood Pressure UK, Wolfson Institute, Charterhouse Square, London, EC1M 6BQ.



Last year we helped over 80,000 wild hedgehogs, birds and animals like Rudolph



Please help me get better

Come and have a look around our Visitor Centre

Opening times can be found on our website www.tiggywinkles.com



is the busiest wildlife hospital in the world

Not only do we treat more hedgehogs than any other wildlife hospital, but our caring team saves lives every single day. Our aim is simple; to treat all injured British wild birds and animals, then return them to the wild. Like Rudolph, who arrived badly injured at just five days old. The road accident that killed his mother left him with three badly broken legs. Our specialist care saved this poor little deer from suffering and he is now facing a brighter future. But it is only with your support that we can help casualties like Rudolph, so please remember Tiggywinkles when making your Will.

Our dear late friend Dame Thora Hird was an ardent supporter of our work. She actively encouraged others to help us secure funding for our lifesaving work to continue. Your legacy will ensure helps is always at hand for all British wildlife; in Dame Thora's own words,



"All the little wild creatures and I thank you so very much".

For more information please contact:

Melanie Kingham,
Tiggywinkles,
Aylesbury,
Buckinghamshire,
HP17 8AF

01844 292 292

mail@tiggywinkles.org
www.tiggywinkles.com

Registered Charity No. 1200460





advocate



Advocate is the Bar's national charity making it possible for barristers to balance a dedicated practice with making a significant contribution to the community.

As well as helping deserving cases who are unable to obtain funding, working with Advocate is an excellent way for a barrister at any stage to try direct access work, expand their experience and explore new areas of law.

Senior barristers can take more complex cases or become reviewers/mentors which is useful for QC and judicial applications.

Doing pro bono is a valuable way to give back to society using your unique set of skills. It also makes you feel good.

Sign up at <https://weareadvocate.org.uk/volunteer/barrister-volunteering.html>

As supported by

clerkroom

Help Finance An Evolution

Will you leave a lasting legacy of compassion and help scientific advancement? The Lord Dowding Fund finances scientific and medical research without the use of animals. We believe that cruel animal techniques have no place in 21st century science.

We have supported major advances in many fields including neuroscience, cancer research, and safety testing – we developed a humane British Standard Test for the toxicity of dental fillings. Your legacy could help save the lives of animals and advance scientific research.

Help finance an evolution in medical science and leave a lasting legacy, with a bequest today to the:

Lord Dowding Fund,
Vox Studios North, 1 Durham Street, London SE11 5JH



For a FREE guide to making a will to help laboratory animals call us today on 020 7630 3340 or visit www.ldf.org.uk



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ABF ARTISTS' BENEVOLENT FUND

HELP FOR ARTISTS

For over 200 years we have been meeting the needs of artists.

PLEASE HELP US IN SUPPORTING THE NEXT
GENERATION OF TALENTED ARTISTS THROUGH
OUR GRANT-GIVING PROGRAMMES.

Email: secretary@artistsbenevolentfund.org.uk
Tel: 07950 111 012

Registered Charity No: 270585

WWW.ARTISTSBENEVOLENTFUND.ORG.UK

Advocate: Finding free legal help from barristers



Supported by Clerksroom
W: weareadvocate.org.uk
Trades and professions

There are great reasons to get involved with doing pro bono for Advocate. Here are the top 5:

- ▶ It's an excellent way for a barrister at any stage to **expand your skillset** and explore new areas of law.
- ▶ Pro bono cases can offer **junior barristers** more advocacy experience and the opportunity to try direct access work. Advocate has a direct access licence from the Bar Council, so you do not need the qualification yourself.
- ▶ **Senior barristers** can take more complex cases or become reviewers or mentors with Advocate. It has been useful for many for QC and judicial applications.
- ▶ It's great for **networking** and forming relationships with colleagues at the Bar or firms of solicitors.
- ▶ Doing pro bono makes you **feel good** and is a valuable way to give back to society using your unique set of skills.

Sign up at <https://weareadvocate.org.uk/volunteer/barrister-volunteering.html>

Animal Defenders International

Vox Studios North
1 Durham Street
London SE11 5JH
T: 020 7630 3340

E: info@ad-international.org

W: www.ad-international.org | www.adiwildlifesanctuary.org.za

Animals and birds

Animal Defenders International (ADI) works worldwide to protect animals and the environment. Our investigations of wildlife trafficking, animals in circuses, animal experimentation and more drive awareness, education, legislation, and prosecutions. ADI offers practical solutions, like advanced techniques to replace animals in research, and support for governments enforcing animal protection laws, such as bans on animal circuses – in Bolivia, Colombia, Peru and Guatemala, ADI tracked down and rescued every circus animal including bears, monkeys, lions, and tigers. Many of these lions and tigers now enjoy natural habitats at the ADI Wildlife Sanctuary, South Africa and we have supported sanctuaries in Latin America, USA and Europe. Please help with a bequest to Animal Defenders International.



Artists' Benevolent Fund

Apartment 5, 60 Stamford New Road
Altrincham, Cheshire WA14 1EE
T: 07950 111 012

E: secretary@artistsbenevolentfund.org.uk
W: www.artistsbenevolentfund.org.uk
Registered charity no: 270585

Cultural and environmental / Social services and welfare / Trades and professions

Over 200 years of caring for the needs of artists and their dependants

The ABF are proud to have served the artists' community for over 200 years and now we have launched a new grant scheme to support working artists at key moments in their careers.

The ABF believes that many talented artists face great difficulties in sustaining and developing their careers. Our grant scheme is designed to support artists who can demonstrate how an award can assist them in consolidating and continuing their career as a professional artist.

The scheme will make it possible for artists to seize creative opportunities and develop their work for the future.

Please help us to continue to our work with the existing beneficiaries and to make funds available to other artists in times of need.



Benevolent Fund for Nurses in Scotland

Registered Office:
24A Ainslie Place
Edinburgh EH3 6AJ
W: www.bfns.org.uk

Registered Scottish Charity No: SC006384

A company limited by guarantee registered in Scotland No: SC357442

Trades and professions

The Benevolent Fund for Nurses was established in 1925 to give assistance to any member of the profession who trained or worked in professional posts in Scotland.

Financial grants are given to:

- ▶ Individuals of any age, who are experiencing financial difficulties due to their inability to continue working.
- ▶ Retired members of the profession who receive little or no pension.

Sadly more and more nurses are finding it necessary to seek our help and through your generosity, we are able to offer additional support in the form of single grants to those less fortunate members of our profession.

The Fund is administered by a Committee of Trustees, most of whom are members of the nursing profession.

Donations may be sent to the Secretary at the Registered Office.



Blood Pressure UK

Wolfson Institute of Preventive Medicine
Charterhouse Square
London EC1M 6BQ
T: (020) 7882 6255
E: info@bloodpressureuk.org
W: www.bloodpressureuk.org
Medical research and welfare



Blood Pressure UK
Helping you to lower your blood pressure

Blood Pressure UK is the UK's leading charity dedicated to lowering the nation's blood pressure to prevent disability and death from stroke and heart disease. Since October 2000 we have been making a real difference to the 16 million people affected by high blood pressure in the UK.

We work to ensure that high blood pressure is at the top of everyone's health agenda: within the Government, among health professionals, in the media and for every adult in the UK. Our vision is that everyone will know their blood pressure numbers, in the same way that they know their height or weight, and take steps to keep them healthy both now and in the future. High blood pressure can be treated and prevented.

Blood Pressure UK relies on donations and legacies. Your invaluable support will help to ensure they continue its important work and make a vital difference to the lives of those at risk from the effects of high blood pressure.

Cancer Prevention Research Trust

231 Roehampton Lane
London SW15 4LB
T: 020 8785 7786
F: 020 8785 6466
E: cprt45@yahoo.co.uk
W: www.cancerpreventionresearch.co.uk
Registered charity no: 265985



Medical research and welfare

The Cancer Prevention Research Trust's dream is to create a better world without cancer and to promote a healthier lifestyle for all. Since its inception in 1973, the Cancer Prevention Research Trust has supported pioneering research into the prevention of this serious disease.

There is nothing more important to us or to future generations than a world without cancer, so including us in your Will is a very effective way to be part of our continuing work and will help us pursue our dream.

Friends of the Animals

17a Riverway
Newport
Isle of Wight PO30 5UX
T: 01983 522 511
W: www.friendsoftheanimals.co.uk
Registered charity no: 1000249



Animals and birds / Education

Your wish to help animals will be assured by including a gift in your will to "Friends of the Animals". Concentrating on 'preventative' work such as spays, neuters, inoculations and free engraved discs; we never destroy a healthy animal, and keep admin costs to a minimum. Veterinary prices have rocketed and our goal is to employ our own Vet.

We have:-

- ▶ Re-homed 9,760+ animals.
- ▶ Spayed/neutered 43,000+ animals.
- ▶ Built stables for donkeys and ex-pit ponies.
- ▶ Currently funding 450+ rescued farm animals.
- ▶ Distributed over 1,829,000 items of pet food.

- ▶ Supplied almost 20,000 engraved, identity discs FOC.
- ▶ Given numerous educational talks on animal welfare.
- ▶ Wormed and inoculated thousands of animals – many for the first time in their lives!
- ▶ Stepped in to ensure food, safety and new homes for 97 Urban Farm animals, when their owner went out of business.

The majority of animals that come into our care arrive in a poor state. Our reward is seeing those same animals go to their new homes a few weeks later: well fed, groomed, wormed, inoculated and neutered.

VETERINARY TREATMENT is invariably our biggest outgoing.

You have many choices of Charities to support but no one appreciates it more – or tries harder than we do – to get the very best possible from every penny donated.

Your help today will ensure a happier tomorrow for countless animals. I send my grateful thanks.

Helen Sinclair MBE (Awarded for 'Services to animal welfare')
Founder

Headway: The brain injury association

Bradbury House
190 Bagnall Road
Nottingham NG6 8SF
Supported by Clerksroom
T: 0115 924 0800



the brain injury association

E: Fundraising@headway.org.uk
W: www.headway.org.uk

Medical research and welfare

No one ever expects that they, or their loved one, will suffer a brain injury, but with around 350,000 people admitted to hospital with an acquired brain injury every year in the UK, Headway is here to help. Alongside our nurse-led helpline, our website provides information and advice for brain injury survivors and their loved ones, from the initial injury, to long-term practical guidance and support. We are hugely grateful to those who choose to support Headway through fundraising, or by leaving a gift in their Will. By choosing Headway it ensures we continue to provide vital support to families struggling to cope with life after brain injury.

If you would like further information about fundraising, or leaving a legacy for Headway please contact Fundraising@headway.org.uk or call 0115 924 0800.

Lord Dowding Fund for Humane Research

Vox Studios North
1 Durham Street
London SE11 5JH
T: 020 7630 3340
E: info@ldf.org.uk
W: www.ldf.org.uk



LORD DOWDING FUND
FOR HUMANE RESEARCH

Animals and birds / Medical research and welfare

Lord Dowding Fund (LDF) supports and promotes advanced methods of scientific and medical research for testing products and curing disease, which replace the use of animals. The LDF educates and promotes adoption of advanced techniques. Grants awarded to researchers working in a wide range of fields, including breast and lung cancer, microsurgery, Parkinson's disease, cataracts, cot deaths, product safety testing, kidney research, schizophrenia, biotechnology, hepatitis B, pain, infertility, tissue engineering and vascular disease.

By making a bequest to the Lord Dowding Fund you can support solid, scientific medical research that can save animals and help people.

Thank you.

Redwings Horse Sanctuary

Hapton
Norwich NR15 1SP
T: 01508 481030
F: 0870 458 1947
E: legacies@redwings.co.uk
W: www.redwings.org.uk
Registered charity no: 1068911



Animals and birds

Redwings believes that every horse, pony, donkey and mule has the right to a happy and healthy life, free of fear and neglect.

The 100% publicly funded charity rescues neglected and abandoned horses from all over the country, giving them a safe place to live for the rest of their days, and is currently home to over 1,500 – making Redwings the UK’s largest horse sanctuary.

As well as providing a place of sanctuary to rescued horses, Redwings has five visitor centres in England and Scotland that enable supporters to see how their kind donations really can make a difference to horses and donkeys in need.

Redwings’ Aylsham Visitor Centre in North Norfolk was funded by the gifts people had left in their Wills and has been vital in enabling the charity to continue to provide homes for the increasing number of abandoned horses in desperate need of love and care.

Gifts in Wills make up the largest proportion of Redwings’ income and the charity simply wouldn’t be able to exist without them. Remembering Redwings Horse Sanctuary in your Will is a wonderful way to support the charity’s work and leave a lasting legacy that will help them to help horses and donkeys for generations to come. Whether your gift is large or small, every donation makes a real difference to the future of Redwings’ residents.

Shelter

88 Old Street
London
EC1V 9HU
T: 0344 515 1746
E: legacies@shelter.org.uk
W: www.shelter.org.uk/legacy
Registered Charity in England and Wales (263710)
and in Scotland (SC002327)



Social services and welfare

Britain is in a housing crisis. Times are tough, rents are rising, and many families are struggling to keep a roof over their heads, let alone get on the property ladder. For others, redundancy or illness can make people fall behind on the rent or mortgage. And every day, millions of people wake up in housing that’s run down, overcrowded or dangerous.

At Shelter, we hear from people suffering from health problems and mental health issues, such as depression and stress, and families whose children are missing out on their education or are being bullied – all as a result of bad housing or homelessness.

That’s why we provide free, confidential advice and support via our website, helplines, and face to face local services. We help people to find and keep a home in a place where they can thrive, and we tackle the root causes of bad housing by campaigning for new laws, policies and solutions.

Shelter believes everyone should have a home

To continue this work, we rely heavily on the gifts that supporters leave us in their wills. That’s why remembering Shelter in your will is one of the most important ways that you can help.

For your guide to including Shelter in your will, please call Katie Small directly on 0344 515 1746 or email legacies@shelter.org.uk.

Visit www.shelter.org.uk/legacy for more information.

Tiggywinkles – the Wildlife Hospital Trust

Aston Road, Haddenham
Aylesbury
Bucks HP17 8AF
T: 01844 292292
E: mail@sttiggywinkles.org.uk
W: www.tiggywinkles.com
President: The Countess of Buckinghamshire
Registered charity no: 286447



Animals and birds / Conservation / Education

Here at Tiggywinkles, we are dedicated to rescuing and rehabilitating British wildlife. We are open 24hrs a day, 7 days a week to help any wild animal in need and our service is free of charge. We rely on donations to provide our life-saving care for patients like Robbie the robin, who arrived in our care under unusual circumstances!



As the World’s leading teaching wildlife hospital, we have lots of students on site and one of our Level Two Animal Care students found Robbie on the pathway of our grounds. She immediately realised he needed help as he was lying flat and couldn’t fly. She rushed him into triage and our duty nurse quickly assessed his condition.

Sadly, Robbie was suffering from temporary ataxia – the loss of coordination and control of movement – and the team suspected he had sustained head trauma. To treat his symptoms, our vet put Robbie on a short course of antibiotics and pain relief. After one week of treatment, Robbie was once again flying around his cage and was ready for release.

We are so happy that we could help this beautiful bird back to the wild and although we never want any wild animal to find itself in trouble, it is nice to think that they know where to come, should they ever need help! Our doors are always open to any wild animal in need, even walk-ins! To help us care for patients like Robbie, please consider donating. We receive no government or lottery funding, so we need your help – every penny helps us help them!

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Reduced Inheritance Tax (IHT) liability... *increased charitable legacy*

Leaving a legacy to charity as part of a Will is a laudable decision, although choosing which charity or charities can be difficult! There are benefits associated with leaving a legacy. For example, where 10% or more of the net estate of a deceased (after the deduction of exemptions, reliefs and the nil-rate band) is left to charity, a reduced IHT rate of 36% applies, compared to the standard rate of 40%.

While leaving a legacy is a tick in the estate planning box, for wealthier people especially it only scratches the surface. Making annual gifts, putting some cash, investments or property into a trust, and taking out a suitable life policy are just a few other actions to consider.

The larger or more complex the estate is likely to be, the greater the need for professional financial advice. Reducing an individual's IHT liability could well lead to an increased charitable legacy as well as benefitting loved ones.

Fleet Street Wealth is a Chartered, independent, fee-based wealth management firm focused on providing well-researched and bespoke advice. We work with individuals and in partnership with solicitors and accountants to help mitigate the impact of IHT.

We also work extensively with charities and understand the unique financial obligations they are subject to.

The information is based on our understanding of current allowances and rates which could be subject to change. The value of investments can go down as well as up and you may not get back the full amount you invested. The past is not a guide to future performance and past performance may not necessarily be repeated. It is important to take professional advice before making any decision relating to your personal finances. The Financial Conduct Authority (FCA) does not regulate Will writing, tax and trust advice and certain forms of estate planning.

www.fswealth.co.uk | financialadvice@fswealth.co.uk | Fleet Street Wealth, 322 High Holborn, London, WC1V 7PB

Fleet Street Wealth is a trading style of Fleet Street Financial which is authorised and regulated by the Financial Conduct Authority.



TO FIND OUT MORE...

About working with Fleet Street Wealth or to arrange a free initial consultation, call 0207 353 6373, email financialadvice@fswealth.co.uk or visit www.fswealth.co.uk/nlj



The Bar Council