

# Charities Appeals Supplement

The Charities Appeals Supplement continues to help develop fundraising revenue streams for charities through legacies, corporate support and donation. This section is written by charities detailing their appeals. It is easy to use with a categorised index below and an A-Z index at the end.

If your client is considering leaving a legacy to charity, please encourage them to browse through the appeals when making that important decision. Please mention the Charities Appeals Supplement when contacting a charity.

The team at the Charities Appeals Supplement would like to thank you for your continuing support; especially those who have left legacies to our featured charities over the last year.

**NewLawJournal**

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For over 200 years we have cared for the needs of artists. We now have a new grant scheme to help artists develop sustainable careers.

PLEASE HELP US TO MAKE A DIFFERENCE FOR WORKING ARTISTS

Email: [secretary@artistsbenevolentfund.org.uk](mailto:secretary@artistsbenevolentfund.org.uk)  
 Tel: 07950 111 012

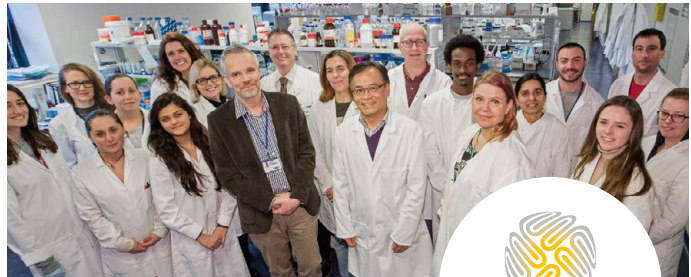

Registered Charity No: 270585

[WWW.ARTISTSBENEVOLENTFUND.ORG.UK](http://WWW.ARTISTSBENEVOLENTFUND.ORG.UK)

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To advertise, please contact: [advertisingsales@lexisnexis.co.uk](mailto:advertisingsales@lexisnexis.co.uk)

**OUR SCIENTISTS VOW TO UPHOLD YOUR LEGACY**

Remember Brain Tumour Research in your Will and your kindness will provide hope to thousands.

[www.braintumourresearch.org/legacy](http://www.braintumourresearch.org/legacy)  
[legacy@braintumourresearch.org](mailto:legacy@braintumourresearch.org) 01908 867200

REMEMBER US IN YOUR WILL  
 Help our work live on...

**NATIONAL FREE WILLS NETWORK**

FR Registered with FUNDRAISING REGULATOR  
 Registered charity number 1153487 (England and Wales) SC046840 (Scotland)



Advocate is the Bar’s national charity making it possible for barristers to balance a dedicated practice with making a significant contribution to the community.

As well as helping deserving cases who are unable to obtain funding, working with Advocate is an excellent way for a barrister at any stage to try direct access work, expand their experience and explore new areas of law.

Senior barristers can take more complex cases or become reviewers/mentors which is useful for QC and judicial applications.

Doing pro bono is a valuable way to give back to society using your unique set of skills. It also makes you feel good.

Sign up at <https://weareadvocate.org.uk/volunteer/barrister-volunteering.html>

As supported by

**clerkroom**



© Shelter, the National Campaign for Homeless People Limited 2021

When Michael lost his job and his home, it would've been so easy to give up – but we helped him find a safe place to live. 17.5 million people are being failed by our broken housing system. We need change.

**Leave a gift in your will to Shelter**

Search: Shelter will, call: 0344 515 1746 or email: [legacies@shelter.org.uk](mailto:legacies@shelter.org.uk)

Shelter, 88 Old Street, London, EC1V 9HU  
Registered charity number: 263710

**SHELTER**



**THE BENEVOLENT FUND FOR NURSES IN SCOTLAND**

*THE FUND WHICH WAS STARTED IN 1925 IS STILL NEEDED TODAY*

The Fund for Nurses was established to give assistance to members of the profession who have trained or worked in professional posts in Scotland.

Financial grants are given to:

- Individuals of any age who are experiencing financial difficulties due to their inability to continue working.
- Retired members of the profession who receive little or no pension.

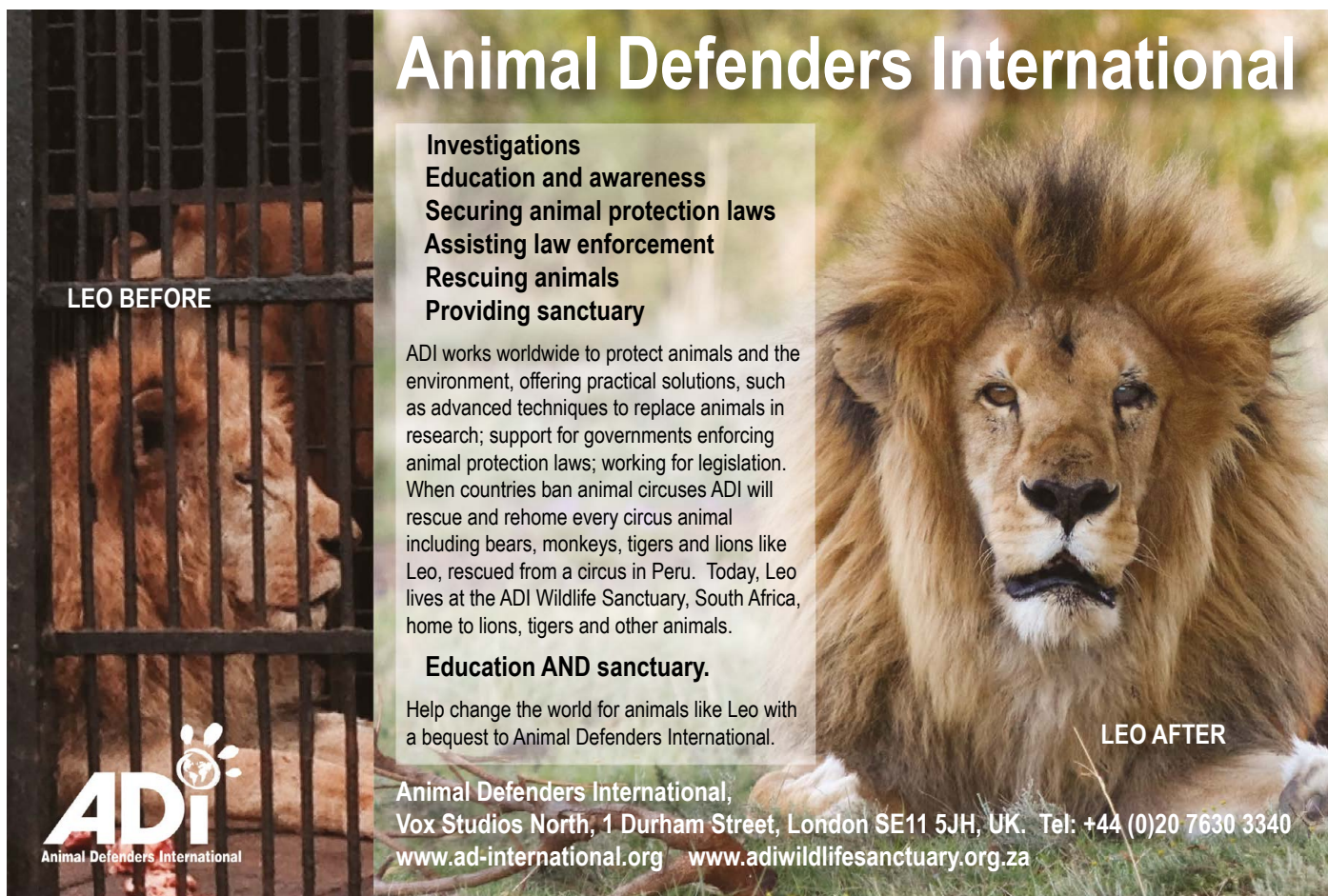
Sadly more and more nurses are finding it necessary to seek our help and through your generosity, we are able to offer additional support in the form of single grants to those less fortunate members of our profession.

The Fund is administered by a Committee of Trustees, most of whom are members of the nursing profession.

**Donations may be sent to the Secretary at the Registered Office**

**Tel: 07584 322257**  
**[www.bfns.org.uk](http://www.bfns.org.uk)**

*Registered Scottish Charity No: SC006384. A company limited by guarantee registered in Scotland No: SC357442  
Registered Office: 24A Ainslie Place, Edinburgh EH3 6AJ*



# Animal Defenders International


**Investigations**  
**Education and awareness**  
**Securing animal protection laws**  
**Assisting law enforcement**  
**Rescuing animals**  
**Providing sanctuary**

ADI works worldwide to protect animals and the environment, offering practical solutions, such as advanced techniques to replace animals in research; support for governments enforcing animal protection laws; working for legislation. When countries ban animal circuses ADI will rescue and rehome every circus animal including bears, monkeys, tigers and lions like Leo, rescued from a circus in Peru. Today, Leo lives at the ADI Wildlife Sanctuary, South Africa, home to lions, tigers and other animals.

**Education AND sanctuary.**

Help change the world for animals like Leo with a bequest to Animal Defenders International.

**Animal Defenders International,**  
 Vox Studios North, 1 Durham Street, London SE11 5JH, UK. Tel: +44 (0)20 7630 3340  
[www.ad-international.org](http://www.ad-international.org) [www.adiwildlifesanctuary.org.za](http://www.adiwildlifesanctuary.org.za)



## How 'Autism' friendly are you?



People with autism should be able to enjoy access to local business and services, just like anybody else. To help organisations become more autism friendly, we've worked with autistic people to create the Sycamore Trust Autism Training Services. We hope that by making this course available to everyone in all walks of life, understanding, empathy and knowledge of Autism will improve. The Sycamore Trust UK is now registered with the CPD Standards Office as an accredited provider of CPD training. This course is not the average Autism Awareness training, as it has been written and is presented by those who have a diagnosis of Autism.



There is a charge for our CPD-accredited training, which is £395, for up to 20 people. Dates and times can be tailor-made and our training can either be delivered face-to-face or on-line, whichever is more convenient for you. For ticket and booking information, please visit: <https://cpd-accreditedtraining-autismawareness.eventbrite.ie>



For any questions or queries, please email or call us, quoting Sycamore Trust & New Law Journal:

[autism.ambassadors@sycamoretrust.org.uk](mailto:autism.ambassadors@sycamoretrust.org.uk) | 020 8517 9317



The CPD Standards Office  
 CPD PROVIDER: 21784  
 2021 - 2022  
[www.cpdstandards.com](http://www.cpdstandards.com)



# Have you thought of including Blood Pressure UK in your Will?

## A lasting way to help others with high blood pressure

Finding out that you have high blood pressure can be traumatic, particularly if you are young. Most people don't know anything about the condition and worry about how it will affect them and those around them.



**Blood Pressure UK**

Helping you to lower your blood pressure

Blood Pressure UK is here to help. With our information packs, range of leaflets and our helpline, we provide reassurance and support to those who need it. All of this work is expensive, and while membership subscriptions and donations help enormously, leaving a gift in your Will can help us make a bigger difference.

Leaving a gift isn't as complicated as you might think. It doesn't have to be a large amount, and it will give you the assurance that our work will continue long into the future.

Obviously, providing for your family and friends comes first, but once that is done please consider leaving a gift to Blood Pressure UK in your Will.

**We have put together a simple leaflet to guide you through the process. You can get a copy by telephoning (020) 7882 6255, visiting our website at [www.bloodpressureuk.org](http://www.bloodpressureuk.org) or by writing to Blood Pressure UK, Wolfson Institute, Charterhouse Square, London, EC1M 6BQ.**



the brain injury association



Around 350,000 people in the UK are admitted to hospital every year with an acquired brain injury.

Headway's nurse-led helpline provides advice and support for brain injury survivors and their loved ones.

We are very grateful to those who support Headway through fundraising or by leaving a gift in their Will.

For more information about fundraising for Headway or legacies in Wills please contact: [Fundraising@headway.org.uk](mailto:Fundraising@headway.org.uk)

As supported by

**clerksroom**

# Last year we helped over 80,000 wild birds and animals like Rudolph



*Please help me get better*

Specialising in hedgehogs, our caring teams save lives every single day of the year. Our aim is simple. To treat all injured British birds and animals, then return them to the wild. Like Rudolph, who was orphaned at Christmas time, just five days old. The road accident which killed his mother left him with three badly broken legs. Our specialist care saved this poor little deer from suffering and he is now facing a brighter future. But it is only with your support we can help casualties like Rudolph, so please remember Tiggywinkles in your Will.

Our late friend **Dame Thora Hird** was an ardent supporter of our work. She actively encouraged others to help us secure funding for our lifesaving work to continue. Your legacy will ensure help is always at hand for all British wildlife; in Dame Thora's own words, *"All the little wild creatures and I thank you so very much"*.



For more information please contact:  
**Jenny Babb, Tiggywinkles, Aylesbury,**  
**Buckinghamshire HP17 8AF**

**01844 292 292**

mail@sttiggywinkles.org.uk  
 www.tiggywinkles.com



Registered Charity No. 286447

**is the busiest wildlife hospital in the world**

## Don't leave it to chance... leave it to **LAST CHANCE**



As animals can't speak for themselves it falls to me to ask you to consider leaving a legacy to Last Chance Animal Rescue. Any money that we may receive will be spent entirely on the running and improvement at the Centre, which is dedicated to the rescuing, rehabilitation and re-homing of dogs and cats etc.

Many of the number we receive have found their way to our door through circumstances such as their beloved owner passing away, may that door always be open. Many are elderly, in their twilight years, and would just love to find a caring retirement home, something we have great success and pleasure in finding for them, and we continue to care for them, young and old, long after they are settled in their new loving homes, by offering all kinds of support, including financial if needed, for their continued welfare and well being.



As you can imagine, this level of commitment doesn't come cheaply, which is why I am appealing to you to remember Last Chance if possible, when you make your will. They do say... where there's a Will there's a way!

Hartfield Road, Edenbridge, Kent TN8 5NH  
**Tel: 01732 865530**  
 Ashford Road, New Romney, Kent TN28 8TH  
**Tel: 01797 366620**  
 Web: [www.lastchanceanimalrescue.co.uk](http://www.lastchanceanimalrescue.co.uk)  
 Reg. Charity no. 1002349

## **LAST CHANCE ANIMAL RESCUE**

## Bournemouth Symphony Orchestra Benevolent Fund



### Over 60 years of caring for the needs of BSO musicians

The fund is a charity and run by musicians for musicians with some extra help from BSO supporters. It gives financial assistance to players who are ill or no longer receive sick pay from the BSO, funds medical bills and alleviates financial hardship. Like so many charities we are dependent upon public donations and during the last 10 years it has been difficult to match donations with calls on the fund. BSO players always host an annual concert, giving freely of their time to raise money for their colleagues. The fund relies on voluntary donations as well as the self funded concerts. It is administered by volunteers, there are no employees and our overheads our minimal so every pound given can help a sick or injured player.

**T:** 07872 954160 | **E:** rbagley82@gmail.com  
**W:** [www.bsobenevolentfund.co.uk](http://www.bsobenevolentfund.co.uk)

## If you believe in reincarnation there are some animals you wouldn't want to be

Imagine a life of imprisonment in a cramped cage and being the subject of constant experimentation; a lifetime of suffering followed by a painful death. That's the cruel and futile fate suffered by millions of laboratory animals in the name of research.

The National Anti-Vivisection Society (NAVS) is the world's premier and leading group, working for an end to the suffering of animals in laboratories.

Working within the law, we lobby Parliament, produce scientific reports, educational materials and videos; conduct undercover investigations and expose law breaking. We fund non-animal scientific and medical research.

Please help us to help laboratory animals by making a bequest today to the National Anti-Vivisection Society, Vox Studios North, 1 Durham Street, London SE11 5JH



For a free guide to making a will to help laboratory animals call us today on 020 7630 3340 or visit [www.navs.org.uk](http://www.navs.org.uk)



Will you remember  
the horses at  
**Redwings**  
Horse Sanctuary?

Remember Redwings in your Will and save the lives of hundreds of horses in desperate need for years to come.

Call **01508 481030** or email [legacies@redwings.co.uk](mailto:legacies@redwings.co.uk) to find out how to leave a legacy today.

*Thank you*

If you  
love horses,  
remember them!



## Advocate: Finding free legal help from barristers

Supported by Clerksroom  
W: [weareadvocate.org.uk](http://weareadvocate.org.uk)

### Trades and professions

There are great reasons to get involved with doing pro bono for Advocate. Here are the top 5:

- ▶ It's an excellent way for a barrister at any stage to **expand your skillset** and explore new areas of law.
- ▶ Pro bono cases can offer **junior barristers** more advocacy experience and the opportunity to try direct access work. Advocate has a direct access licence from the Bar Council, so you do not need the qualification yourself.
- ▶ **Senior barristers** can take more complex cases or become reviewers or mentors with Advocate. It has been useful for many for QC and judicial applications.
- ▶ It's great for **networking** and forming relationships with colleagues at the Bar or firms of solicitors.
- ▶ Doing pro bono makes you **feel good** and is a valuable way to give back to society using your unique set of skills.

Sign up at <https://weareadvocate.org.uk/volunteer/barrister-volunteering.html>

## advocate



200 years and now we have launched a new grant scheme to support working artists at key moments in their careers.

The ABF believes that many talented artists face great difficulties in sustaining and developing their careers. Our grant scheme is designed to support artists who can demonstrate how an award can assist them in consolidating and continuing their career as a professional artist.

The scheme will make it possible for artists to seize creative opportunities and develop their work for the future.

Please help us to continue to our work with the existing beneficiaries and to make funds available to other artists in times of need.

## Benevolent Fund for Nurses in Scotland

Registered Office:

24A Ainslie Place

Edinburgh

EH3 6AJ

W: [www.bfns.org.uk](http://www.bfns.org.uk)

Registered Scottish Charity No: SC006384

A company limited by guarantee registered in Scotland No: SC357442

### Trades and professions

The Benevolent Fund for Nurses was established in 1925 to give assistance to any member of the profession who trained or worked in professional posts in Scotland.

Financial grants are given to:

- ▶ Individuals of any age, who are experiencing financial difficulties due to their inability to continue working.
- ▶ Retired members of the profession who receive little or no pension.

Sadly more and more nurses are finding it necessary to seek our help and through your generosity, we are able to offer additional support in the form of single grants to those less fortunate members of our profession.

The Fund is administered by a Committee of Trustees, most of whom are members of the nursing profession.

Donations may be sent to the Secretary at the Registered Office.



## Animal Defenders International

Vox Studios North

1 Durham Street

London

SE11 5JH

T: 020 7630 3340

E: [info@ad-international.org](mailto:info@ad-international.org)

W: [www.ad-international.org](http://www.ad-international.org) | [www.adwildlifesanctuary.org.za](http://www.adwildlifesanctuary.org.za)

### Animals and birds

Animal Defenders International (ADI) works worldwide to protect animals and the environment. Our investigations of wildlife trafficking, animals in circuses, animal experimentation and more drive awareness, education, legislation, and prosecutions. ADI offers practical solutions, like advanced techniques to replace animals in research, and support for governments enforcing animal protection laws, such as bans on animal circuses – in Bolivia, Colombia, Peru and Guatemala, ADI tracked down and rescued every circus animal including bears, monkeys, lions, and tigers. Many of these lions and tigers now enjoy natural habitats at the ADI Wildlife Sanctuary, South Africa and we have supported sanctuaries in Latin America, USA and Europe. Please help with a bequest to Animal Defenders International.



## Blood Pressure UK

Wolfson Institute of  
Preventive Medicine  
Charterhouse Square  
London

EC1M 6BQ

T: (020) 7882 6255

E: [info@bloodpressureuk.org](mailto:info@bloodpressureuk.org)

W: [www.bloodpressureuk.org](http://www.bloodpressureuk.org)

### Medical research and welfare

Blood Pressure UK is the UK's leading charity dedicated to lowering the nation's blood pressure to prevent disability and death from stroke and heart disease. Since October 2000 we have been making a real difference to the 16 million people affected by high blood pressure in the UK.

We work to ensure that high blood pressure is at the top of everyone's health agenda: within the Government, among health professionals, in the media and for every adult in the UK. Our vision is that everyone will know their blood pressure numbers, in the same way that they know their height or weight, and take steps to keep them healthy both now and in the future. High blood pressure can be treated and prevented.

Blood Pressure UK relies on donations and legacies. Your invaluable support will help to ensure they continue its important work and make a vital difference to the lives of those at risk from the effects of high blood pressure.



Blood Pressure UK

## Artists' Benevolent Fund

Apartment 5

60, Stamford New Road

Altrincham

Cheshire

WA14 1EE

T: 07950 111 012

E: [secretary@artistsbenevolentfund.org.uk](mailto:secretary@artistsbenevolentfund.org.uk)

W: [www.artistsbenevolentfund.org.uk](http://www.artistsbenevolentfund.org.uk)

Registered charity no: 270585

### Cultural and environmental / Social services and welfare / Trades and professions

Over 200 years of caring for the needs of artists and their dependants

The ABF are proud to have served the artists' community for over



## Bournemouth Symphony Orchestra Benevolent Fund

T: 07872 954160

E: rbagley82@gmail.com

W: www.bsobenevolentfund.co.uk

Registered charity no: 1163778

**Cultural and environmental / Social services and welfare / Trades and professions**

We make grants to musicians and staff who are employees of the Bournemouth Symphony Orchestra and other individuals who have made a significant long-term contribution to the orchestra. The grants are to relieve hardship caused by sickness accident or infirmity. Funds are raised from the net proceeds of an annual concert and donations from supporters.

During the years we have helped players who are on long-term sick leave or with a contribution towards private medical treatment. More recently there has been a sharp increase in the assistance we give players for private medical treatment, including major operations on joints. This is normally required as a result of repair to a repetitive strain injury incurred whilst playing. This is also a reflection on the lengthening waiting lists for NHS treatment. If there is a delay in treatment, members are unable to work, sometimes for many months which can cause hardship for their families.

We have recently marked our 60th year as a benevolent fund but in current financial times it is becoming increasingly difficult to match our aspirations with a reduced income. But we are boosting our fundraising efforts to ensure that we can be here for the next 60 years!

## Brain Tumour Research

Suite 37, Shenley Pavilions

Chalkdell Drive

Shenley Wood

Milton Keynes MK5 6LB

T: 01908 867200

E: info@braintumourresearch.org

W: www.braintumourresearch.org

**Medical research and welfare**

Brain tumours are indiscriminate; they can affect anyone at any age. What's more, they kill more children and adults under the age of 40 than any other cancer... yet just 1% of the national spend on cancer research has been allocated to this devastating disease. Brain Tumour Research is determined to change this – we are the only national charity in the UK dedicated to raising funds for continuous and sustainable scientific research into brain tumours whilst influencing UK Governments and larger cancer charities to invest more nationally. Help us fund the fight. Together we will find a cure.



**Brain Tumour  
Research**

## Friends of the Animals

17a Riverway

Newport

Isle of Wight PO30 5UX

T: 01983 522 511

W: www.friendsoftheanimals.co.uk

Registered charity no: 1000249

**Animals and birds / Education**

Your wish to help animals will be assured by including a gift in your will to "Friends of the Animals". The primary objective of the Charity is to help animals NOW, We do not 'sit on funds'. Concentrating on 'preventative' work such as spays, neuters, inoculations, boosters and free engraved discs; we never destroy a healthy animal, and keep admin costs to a minimum.



We have:-

- ▶ Re-homed 9,500+ animals.
- ▶ Spayed/neutered 42,200+ animals.
- ▶ Built stables for donkeys and ex-pit ponies.
- ▶ Currently funding 500 rescued farm animals.
- ▶ Distributed over 1,797,000 items of pet food.
- ▶ Supplied almost 20,000 engraved, identity discs FOC.
- ▶ Given numerous educational talks on animal welfare.
- ▶ Wormed and inoculated thousands of animals – many for the first time in their lives!
- ▶ Stepped in to ensure food, safety and new homes for 97 Urban Farm animals, when their owner went out of business.

The majority of animals that come into our care arrive in a poor state. Our reward is seeing those same animals go to their new homes a few weeks later: well fed, groomed, wormed, inoculated and neutered.

VETERINARY TREATMENT is – and always has been – BY FAR OUR BIGGEST OUTGOING.

You have many choices of Charities to support but no one appreciates it more – or tries harder than we do – to get the very best possible from every penny donated.

Your help today will ensure a happier tomorrow for countless animals. I send my grateful thanks.

*Helen Sinclair MBE (Founder)*

## Headway: The brain injury association

Bradbury House

190 Bagnall Road

Nottingham

NG6 8SF

*Supported by Clerksroom*

T: 0115 924 0800

E: Fundraising@headway.org.uk

W: www.headway.org.uk

**Medical research and welfare**

No one ever expects that they, or their loved one, will suffer a brain injury, but with around 350,000 people admitted to hospital with an acquired brain injury every year in the UK, Headway is here to help. Alongside our nurse-led helpline, our website provides information and advice for brain injury survivors and their loved ones, from the initial injury, to long-term practical guidance and support. We are hugely grateful to those who choose to support Headway through fundraising, or by leaving a gift in their Will. By choosing Headway it ensures we continue to provide vital support to families struggling to cope with life after brain injury.

If you would like further information about fundraising, or leaving a legacy for Headway please contact Fundraising@headway.org.uk or call 0115 924 0800.



the brain injury association

The next Charities Appeals Supplement will appear in the 30 September 2022 issue of *New Law Journal*.

To advertise, please contact:  
advertisingsales@lexisnexis.co.uk





## Last Chance Animal Rescue

Hartfield Road  
Edenbridge  
Kent  
TN8 5NH  
T: 01732 865530  
F: 01732 865838  
E: [general@lastchanceanimalrescue.co.uk](mailto:general@lastchanceanimalrescue.co.uk)  
W: [www.lastchanceanimalrescue.co.uk](http://www.lastchanceanimalrescue.co.uk)

Also at:

Ashford Road  
New Romney  
TN28 8TH  
T: 01797 366620

Registered charity no: 1002349

### Animals and birds

*Don't leave it to chance... leave it to LAST CHANCE*

As animals can't speak for themselves it falls to me to ask you to consider leaving a legacy to Last Chance Animal Rescue.

Any money that we may receive will be spent entirely on the running and improvement of the Centre which is dedicated to the rescuing, rehabilitating and rehoming of dogs and cats etc.

Many of the number we receive have found their way to our door through circumstances such as their beloved owner passing away. May that door always be open.

Many are elderly, in their twilight years, and would just love to find a caring retirement home: something we have great success and pleasure in finding for them, and we continue to care for them, young and old, long after they are settled in their new loving homes by offering all kinds of support, including financial if needed, for their continued welfare and well being. As you can imagine this level of commitment doesn't come cheaply, which is why I am appealing to you to remember Last Chance if possible, when you make your Will.

If you would like us to take care of your pets in your absence please remember to include instructions to this effect and if possible inform us of your wishes.

I hope you will consider us a worthy charity. It would be wonderful to think that with your help, Last Chance could always be there to pick up the pieces in times of need. They do say where there's a Will there's a way!



## Redwings Horse Sanctuary

Hapton  
Norwich NR15 1SP  
T: 01508 481030  
F: 0870 458 1947  
E: [legacies@redwings.co.uk](mailto:legacies@redwings.co.uk)  
W: [www.redwings.org.uk](http://www.redwings.org.uk)  
Registered charity no: 1068911

### Animals and birds

Redwings believes that every horse, pony, donkey and mule has the right to a happy and healthy life, free of fear and neglect.

The 100% publicly funded charity rescues neglected and abandoned horses from all over the country, giving them a safe place to live for the rest of their days, and is currently home to over 1,500 – making Redwings the UK's largest horse sanctuary.

As well as providing a place of sanctuary to rescued horses, Redwings has five visitor centres in England and Scotland that enable supporters to see how their kind donations really can make a difference to horses and donkeys in need.

Redwings' Aylsham Visitor Centre in North Norfolk was funded by the gifts people had left in their Wills and has been vital in enabling the charity to continue to provide homes for the increasing number of abandoned horses in desperate need of love and care.

Gifts in Wills make up the largest proportion of Redwings' income and the charity simply wouldn't be able to exist without them. Remembering Redwings Horse Sanctuary in your Will is a wonderful way to support the charity's work and leave a lasting legacy that will help them to help horses and donkeys for generations to come. Whether your gift is large or small, every donation makes a real difference to the future of Redwings' residents.



## National Anti-Vivisection Society

Vox Studios North  
1 Durham Street  
London SE11 5JH  
T: 020 7630 3340  
E: [info@navs.org.uk](mailto:info@navs.org.uk)  
W: [www.navs.org.uk](http://www.navs.org.uk)



### Animals and birds / Medical research and welfare

Founded 1875, the National Anti-Vivisection Society (NAVS) is the world's premier society working to end the suffering of animals in laboratories. We educate and promote the replacement of animal experiments with sophisticated, non-animal methods. NAVS studies include legal and scientific research and critiques, investigations of laboratory practices, reports, videos. NAVS supports the replacement of animals with advanced, non-animal, scientific and medical research.

Every year millions of animals suffer and die in cruel and unreliable experiments. Please consider remembering the NAVS in your Will to end the suffering, and press for introduction of advanced techniques, relevant to people.

Thank you.

## Shelter

88 Old Street  
London EC1V 9HU  
T: 0344 515 1746  
E: [legacies@shelter.org.uk](mailto:legacies@shelter.org.uk)  
W: [www.shelter.org.uk/legacy](http://www.shelter.org.uk/legacy)  
Registered Charity in England and Wales (263710)  
and in Scotland (SC002327)

### Social services and welfare

Britain is in a housing crisis. Times are tough, rents are rising, and many families are struggling to keep a roof over their heads, let alone get on the property ladder. For others, redundancy or illness can make people fall behind on the rent or mortgage. And every day, millions of people wake up in housing that's run down, overcrowded or dangerous.

At Shelter, we hear from people suffering from health problems and mental health issues, such as depression and stress, and families whose children are missing out on their education or are being bullied – all as a result of bad housing or homelessness.

That's why we provide free, confidential advice and support via our website, helplines, and face to face local services. We help people to find and keep a home in a place where they can thrive, and we tackle the root causes of bad housing by campaigning for new laws, policies and solutions.

### Shelter believes everyone should have a home

To continue this work, we rely heavily on the gifts that supporters leave us in their wills. That's why remembering Shelter in your will is one of the most important ways that you can help.

For your guide to including Shelter in your will, please call Katie Small directly on 0344 515 1746 or email [legacies@shelter.org.uk](mailto:legacies@shelter.org.uk).

Visit [www.shelter.org.uk/legacy](http://www.shelter.org.uk/legacy) for more information.

**Tiggywinkles – the Wildlife Hospital Trust**

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President: The Countess of Buckinghamshire  
 Registered charity no: 286447

[Animals and birds / Conservation / Education](#)

Here at Tiggywinkles, we are dedicated to rescuing and rehabilitating British wildlife. We are open 24hrs a day, 7 days a week to help any wild animal in need and our service is free of charge. We rely on donations to provide our life-saving care for patients like Robbie the robin, who arrived in our care under unusual circumstances!



As the World’s leading teaching wildlife hospital, we have lots of students on site and one of our Level Two Animal Care students found Robbie on the pathway of our grounds. She immediately realised he needed help as he was lying flat and couldn’t fly. She rushed him into triage and our duty nurse quickly assessed his condition.

Sadly, Robbie was suffering from temporary ataxia – the loss of coordination and control of movement – and the team suspected he had sustained head trauma. To treat his symptoms, our vet put Robbie on a short course of antibiotics and pain relief. After one week of treatment, Robbie was once again flying around his cage and was ready for release.

We are so happy that we could help this beautiful bird back to the wild and although we never want any wild animal to find itself in trouble, it is nice to think that they know where to come, should they ever need help! Our doors are always open to any wild animal in need, even walk-ins! To help us care for patients like Robbie, please consider donating. We receive no government or lottery funding, so we need your help – every penny helps us help them!

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Feeling stressed?  
 We can help

**If you work in the law free, confidential, emotional support is available - we're here to listen**

**0800 279 6888**

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**LawCare**